

August 2017

SOUTHGATE CAFETERIA MENU

We have free breakfast and lunch for all Southgate Students

* Menu is subject to change without prior notice*

PEANUT BUTTER AND JELLY IS SERVED AS A DAILY OPTION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7	8	9	10	11
14	15	16	17 MINI CORN DOG BAKED BEANS TOMATO/CAULIFLOWER BROCCOLI DIP APPLESAUCE FRESH ORANGE CHOICE OF MILK	18 BOSCO STICKS MARINARA TOMATO/CAULIFLOWER BROCCOLI DIP SLICED PEARS FRESH FRUIT CHOICE OF MILK
21 HOT HAM & CHEESE OR TURKEY SUBS LETTUCE/TOMATO BAKED BEANS BAKED LAYS GRAPES MANDRINE ORANGES CHOICE OF MILK	22 FIESTADA CORN SALAD/TOMATOES PINEAPPLE RINGS APPLES CHOICE OF MILK	23 BBQ ON WHOLE WHEAT BUN COLE SLAW CAULIFLOWER/CARROTS/ CUCUMBER AND DIP BANANA SLICED PEACHES MILK CHOICE	24 MEATY CHEESY NACHOS CORN SIDE SALAD W/ DRESSING APPLESAUCE FRESH ORANGE MILK CHOICE	25 BREADED CHICKEN SANDWICH BROCCOLI AND CHEESE PEPPER STRIPS/CARROTS/DIP SLICED PEACHES FRESH FRUIT MILK CHOICE
28 CHICKEN FAJITAS LETTUCE/TOMATO/SALSA/ REFRIED BEANS GRAPES MANDRINE ORANGES CHOICE MILK	29 FRENCH TOAST SAUSAGE LINKS HASHBROWNS PEPPER STRIPS/BABY CARROTS/ DIP PINEAPPLE RINGS APPLES CHOICE MILK	30 CHICKEN NUGGETS/ROLL BROCCOLI AND CHEESE CAULIFLOWER/CARROTS/ CUCUMBER AND DIP SLICED PEACHES FRESH FRUIT CHOICE MILK		

WEEKLY BREAKFAST MENU

Monday SAUSAGE GRAVY / BISCUIT FRUIT/MILK / O.J.	Tuesday BREAKFAST PIZZA FRUIT/MILK / O.J.	Wednesday FRENCH TOAST FRUIT/MILK / O.J.	Thursday WHOLE GRAIN CINNAMINI FRUIT/MILK / O.J.	Friday BREAKFAST BAGEL FRUIT/MILK / O.J.
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*DAILY BREAKFAST OPTIONS: CEREAL AND TOAST, BAGEL AND CREAM CHEESE, ANIMAL CRACKERS AND YOGURT, POPTART, GLAZED DONUTS

*DAILY LUNCH OPTIONS: YOGURT, GRANOLA, STRING CHEESE, GOLDFISH OR UNCRUSTABLE, STRING CHEESE GOLDFISH