



## Know the Difference Between COVID-19 and Seasonal Allergy Symptoms

Symptoms	COVID-19	Seasonal Allergies
Length of symptoms	7-25 days	Several weeks
Chills	Sometimes	No
Cough	Common	Rare
Chest Pain	Sometimes	No
Body Aches	Sometimes	No
Diarrhea, Nausea, Vomiting	Sometimes	No
Fever	Common	No
Feeling Tired	Sometimes	Sometimes
Headache	Sometimes	Sometimes
Loss of taste and smell	Sometimes	Rare
Rapid Breathing	Sometimes	No
Runny Nose	Rare	Common
Shortness of Breath	Sometimes	No
Sneezing	No	Common
Sore Throat	Sometimes	Sometimes
Wheezing	No	No

Symptoms may vary. Always consult your doctor if you are unsure about your symptoms.  
Sources: Asthma and Allergy Foundation of America, World Health Organization, CDC