

January 2018 Southgate Menus



Daily Breakfast Options:

- Assorted Cereal
- Bagel and Cream Cheese
- Yogurt
- Fresh Fruit
- 1% White Milk and 1% Chocolate Milk

Daily Lunch Options:

- Entree Salad (Available by Request)
- PBJ Sandwich
- Yogurt, String Cheese and Grain
- Fresh Fruit
- Nonfat White, 1% White Milk and 1% Chocolate Milk

PRICES
 Adult Breakfast: \$2.50
 Adult Lunch: \$3.75
 Extra Entrée: \$1.50
 Milk: \$.75

Mon	Tue	Wed	Thu	Fri
Winter Break School Resumes January 7th				
7 <u>Breakfast</u> Pancakes or Parfait <u>Lunch</u> Chicken Rings Sweet Kernel Corn Diced Peaches	8 <u>Breakfast</u> Omelet w/ Toast <u>Lunch</u> Grilled Cheese Tomato Soup Seedless Grapes	9 <u>Breakfast</u> Biscuits & Gravy <u>Lunch</u> Beef Taco Refried Beans Diced Tomatoes Pineapple Chunks	10 <u>Breakfast</u> Bacon w/ French Toast <u>Lunch</u> Spaghetti and Meatballs Romaine Side Salad Applesauce	11 <u>Breakfast</u> Sausage Biscuit or Parfait <u>Lunch</u> Pizza Steamed Broccoli Sliced Pears
14 <u>Breakfast</u> Biscuits & Gravy or Parfait <u>Lunch</u> Chili Cheese Fries Celery Stix Strawberry Cup	15 <u>Breakfast</u> Scrambled Eggs w/Toast <u>Lunch</u> Chicken Nuggets Baked Beans Mandarin Oranges	16 <u>Breakfast</u> Pancake Wrap <u>Lunch</u> Salisbury Steak Mashed Potatoes Green Beans Diced Peaches	17 <u>Breakfast</u> Scrambled Eggs w/Toast <u>Lunch</u> Chicken Drumstick Spring Mix Salad Berry Cup	18 <u>Breakfast</u> Chicken Biscuit or Parfait <u>Lunch</u> Fish Nuggets Mac and Cheese Carrots and Dip Applesauce
	22 <u>Breakfast</u> Omelet w/Toast <u>Lunch</u> Chicken Tenders and Roll Broccoli w/Cheese Seedless Grapes	23 <u>Breakfast</u> Biscuits & Gravy <u>Lunch</u> Fiestada Refried Beans and Corn Pineapple Chunks	24 <u>Breakfast</u> Bacon w/ French Toast <u>Lunch</u> Hamburger/Cheeseburger Green Beans Strawberry Cup	25 <u>Breakfast</u> Sausage Biscuit or Parfait <u>Lunch</u> Bosco Sticks w/ Marinara Carrots and Dip Diced Peaches
28 <u>Breakfast</u> Biscuits & Gravy or Parfait <u>Lunch</u> Brunch for Lunch Sausage, Cinnamon Toast Hashbrown Applesauce	29 <u>Breakfast</u> Scrambled Eggs w/Toast <u>Lunch</u> Coney/HotDog Steamed Broccoli Diced Peaches	30 <u>Breakfast</u> Pancake Wrap <u>Lunch</u> Turkey and Cheese Melt Baked Beans Diced Pears	31 <u>Breakfast</u> Scrambled Eggs w/Toast <u>Lunch</u> Big Daddy's Pizza Garden Side Salad Mixed Berry Cup	