

December 2017

SOUTHGATE CAFETERIA MENU

ALL SCHOOL FREE LUNCH AND
BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 BREADED CHICKEN SAND. BROCCOLI W/CHEESE BELL PEPPER STRIPS & BABY CARROTS CUP W/DIP SLICED PEARS FRESH FRUIT CHOICE MILK CHOICE
4 CHICKEN FAJITAS LETTUCE/TOMATO SALSA REFRIED BEANS GRAPES MANDARIN ORANGES MILK CHOICE	5 BREAKFAST FOR LUNCH FRENCH TOAST SAUSAGE LINKS HASHBROWNS PEPPER SLICES & BABY CARROTS W/DIP PINEAPPLE RINGS APPLES MILK CHOICE	6 CHICKEN NUGGETS W/ROLL BROCCOLI W/CHEESE CAULIFLOWER, CARROTS, CUCUMBERS CUP W/DIP BANANA SLICED PEACHES MILK CHOICE	7 HOT DOG ON WG BUN BAKED BEANS BAKED CHIPS BROCCOLI, TOMATO, & CUCUMBER CUP W/DIP APPLESAUCE FRESH ORANGE MILK CHOICE	8 FISH SHAPES MAC AND CHEESE TOMATO/CARROTS/BROCCOLI DIP SLICED PEARS FRESH FRUIT MILK CHOICE
11 PEPPERONI PIZZA CHEESE PIZZA MARINARA SAUCE SIDE SALAD W/DRESSING PEPPER SLICES & BABY CARROTS CUP W/DIP GRAPES MANDARIN ORANGES MILK CHOICE	12 CHICKEN RINGS W/ROLL SWEET POTATO FRIES GREEN BEANS PINEAPPLE RINGS APPLES MILK CHOICE	13 CHEESEBURGER HAMBURGER TATER TOTS CAULIFLOWER, BABY CARROTS, CUCUMBERS CUP W/DIP BANANA SLICED PEACHES MILK CHOICE	14 MINI CORN DOGS BAKED BEANS BROCCOLI, TOMATO & CUCUMBER CUP W/DIP APPLESAUCE FRESH ORANGE MILK CHOICE	15 BOSCO STICKS MARINARA SAUCE PEPPER SLICES & BABY CARROTS CUP W/DIP SLICED PEARS FRESH FRUIT CHOICE MILK CHOICE
18 HOT HAM & CHEESE OR TURKEY & CHEESE SUB BAKED BEANS PEPPER SLICES & BABY CARROTS CUP W/DIP BAKED LAYS GRAPES/MANDARIN ORANGES MILK CHOICE	19 FIESTADA PIZZA CORN SIDE SALAD W/DRESSING PINEAPPLE RINGS APPLES MILK CHOICE	20 BBQ/WHOLE GRAIN BUN COLE SLAW CAULIFLOWER, BABY CARROTS, CUCUMBER CUP W/DIP BANANA/SLICED PEACHES MILK CHOICE	21 No School	22 No School
25 No School	26 No School	27 No School	28 No School	29 No School

WEEKLY BREAKFAST MENU

Monday SAUSAGE GRAVY / BISCUIT FRUIT/MILK / O.J.	Tuesday BREAKFAST PIZZA FRUIT/MILK / O.J.	Wednesday FRENCH TOAST FRUIT/MILK / O.J.	Thursday WHOLE GRAIN CINNAMINI FRUIT/MILK / O.J.	Friday BREAKFAST BAGEL FRUIT/MILK / O.J.
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*DAILY BREAKFAST OPTIONS: CEREAL AND TOAST, BAGEL AND CREAM CHEESE, ANIMAL CRACKERS AND YOGURT, POPTART, GLAZED DONUTS

*DAILY LUNCH OPTIONS: YOGURT, GRANOLA, STRING CHEESE, GOLDFISH OR UNCRUSTABLE, STRING CHEESE GOLDFISH