

# December 2018 Southgate Menus



## Daily Breakfast Options:

- Assorted Cereal
- Bagel and Cream Cheese
- Yogurt
- Fresh Fruit
- 1% White Milk and 1% Chocolate Milk

## Daily Lunch Options:

- Entree Salad (Available by Request)
- PBJ Sandwich
- Yogurt, String Cheese and Grain
- Fresh Fruit
- Nonfat White, 1% White Milk and 1% Chocolate Milk

PRICES  
 Adult Breakfast: \$2.50  
 Adult Lunch: \$3.75  
 Extra Entrée: \$1.50  
 Milk: \$.75

Mon	Tue	Wed	Thu	Fri
3 <u>Breakfast</u> Pancakes or Parfait  <u>Lunch</u> Grilled Cheese Tomato Soup Diced Peaches	4 <u>Breakfast</u> Omelet w/ Toast  <u>Lunch</u> Chicken Rings Sweet Kernel Corn Seedless Grapes	5 <u>Breakfast</u> Biscuits & Gravy  <u>Lunch</u> Beef Taco Refried Beans Diced Tomatoes Pineapple Chunks	6 <u>Breakfast</u> Bacon w/ French Toast  <u>Lunch</u> Spaghetti and Meatballs Side Salad Applesauce	7 <u>Breakfast</u> Sausage Biscuit or Parfait  <u>Lunch</u> Pizza Side Salad Applesauce
10 <u>Breakfast</u> Biscuits & Gravy or Parfait  <u>Lunch</u> Chili Cheese Fries Sliced Pears	11 <u>Breakfast</u> Scrambled Eggs w/Toast  <u>Lunch</u> Chicken Nuggets Baked Beans Diced Peaches	12 <u>Breakfast</u> Pancake Wrap <u>Lunch</u> Salisbury Steak Mashed Potatoes Green Beans Sliced Pears	13 <u>Breakfast</u> Scrambled Eggs w/Toast  <u>Lunch</u> Chicken Drumstick Mashed Potatoes Mixed Fruit	14 <u>Breakfast</u> Chicken Biscuit or Parfait  <u>Lunch</u> Fish Nuggets Mac and Cheese Strawberry Cup
17 <u>Breakfast</u> Pancakes or Parfait  <u>Lunch</u> Coney/HotDog Steamed Broccoli Diced Peaches	18 <u>Breakfast</u> Omelet w/Toast  <u>Lunch</u> Hamburger/Cheeseburger Green Beans Strawberry Cup	19 <u>Breakfast</u> Biscuits & Gravy  <u>Lunch</u> Fiestada Refried Beans and Corn Pineapple Chunks	20 <u>Breakfast</u> Bacon w/ French Toast  <u>Lunch</u> Special Holiday Lunch	21 <u>Breakfast</u> Chicken Biscuit or Parfait  <u>Lunch</u> Bosco Sticks Carrots and Dip Applesauce

No School  
 December 24th – January 4th

Happy Holidays!