

NOV 2017

**SOUTHGATE CAFETERIA MENU**

ALL SCHOOL FREE LUNCH AND  
BREAKFAST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 CHEESEBURGER/HAMBURGER TATER TOTS CAULIFLOWER, BABY CARROTS, CUCUMBERS CUP W/DIP BANANA SLICED PEACHES CHOICE OF MILK	2 MINI CORN DOGS BAKED BEANS BROCCOLI, TOMATO & CUCUMBER CUP W/DIP APPLESAUCE FRESH ORANGE MILK CHOICE	3 BOSCO STICKS MARINARA BELL PEPPER STRIPS & BABY CARROTS CUP W/DIP SLICED PEARS FRESH FRUIT CHOICE OF MILK
6 HOT HAM & CHEESE OR TURKEY SUBS BELL PEPPER STRIPS & BABY CARROTS CUP W/DIP BAKED BEANS BAKED LAYS GRAPES MANDRIN ORANGES CHOICE OF MILK	7 FIESTADA CORN SALAD/TOMATOES PINEAPPLE RINGS APPLES CHOICE OF MILK	8 BBQ ON WHOLE WHEAT BUN COLE SLAW CAULIFLOWER/CARROTS/ CUCUMBER AND DIP BANANA SLICED PEACHES MILK CHOICE	9 MEATY CHEESY NACHOS CORN SIDE SALAD W/ DRESSING APPLESAUCE FRESH ORANGE MILK CHOICE	10 BREADED CHICKEN SAND. BROCCOLI W/CHEESE BELL PEPPER STRIPS & BABY CARROTS CUP W/DIP SLICED PEARS FRESH FRUIT CHOICE MILK CHOICE
13 CHICKEN FAJITAS LETTUCE/TOMATO SALSA REFRIED BEANS GRAPES MANDARIN ORANGES MILK CHOICE	14 BREAKFAST FOR LUNCH FRENCH TOAST SAUSAGE LINKS HASHBROWNS PEPPER SLICES & BABY CARROTS W/DIP PINEAPPLE RINGS APPLES/MILK CHOICE	15 CHICKEN NUGGETS W/ROLL BROCCOLI W/CHEESE CAULIFLOWER, CARROTS, CUCUMBERS CUP W/DIP BANANA SLICED PEACHES/MILK CHOICE	16 ROAST TURKEY GRAVY/ROLL MASHED POTATOES GREEN BEANS MIXED FRUIT FRESH APPLE CHOICE OF MILK	17 FISH SHAPES MAC AND CHEESE TOMATO/CARROTS/BROCCOLI DIP SLICED PEARS FRESH FRUIT MILK CHOICE
20 PEPPERONI PIZZA CHEESE PIZZA MARINARA SAUCE SIDE SALAD W/DRESSING PEPPER SLICES & BABY CARROTS CUP W/DIP GRAPES/MANDARIN ORANGES MILK CHOICE	21 CHICKEN RINGS W/ROLL SWEET POTATO FRIES GREEN BEANS PINEAPPLE RINGS APPLES MILK CHOICE	22 NO SCHOOL	23 NO SCHOOL	24 NO SCHOOL
27 HOT HAM & CHEESE OR TURKEY SUBS BELL PEPPER STRIPS & BABY CARROTS CUP W/DIP BAKED BEANS BAKED LAYS GRAPES MANDRIN ORANGES CHOICE OF MILK	28 FIESTADA CORN SALAD/TOMATOES PINEAPPLE RINGS APPLES CHOICE OF MILK	29 BBQ ON WHOLE WHEAT BUN COLE SLAW CAULIFLOWER/CARROTS/ CUCUMBER AND DIP BANANA SLICED PEACHES MILK CHOICE	30 MEATY CHEESY NACHOS CORN SIDE SALAD W/ DRESSING APPLESAUCE FRESH ORANGE MILK CHOICE	

**WEEKLY BREAKFAST MENU**

Monday SAUSAGE GRAVY / BISCUIT FRUIT/MILK / O.J.	Tuesday BREAKFAST PIZZA FRUIT/MILK / O.J.	Wednesday FRENCH TOAST FRUIT/MILK / O.J.	Thursday WHOLE GRAIN CINNAMINI FRUIT/MILK / O.J.	Friday BREAKFAST BAGEL FRUIT/MILK / O.J.
--	---	--	--	--

\*DAILY BREAKFAST OPTIONS: CEREAL AND TOAST, BAGEL AND CREAM CHEESE, ANIMAL CRACKERS AND YOGURT, POPTART, GLAZED DONUTS

\*DAILY LUNCH OPTIONS: YOGURT, GRANOLA, STRING CHEESE, GOLDFISH OR UNCRUSTABLE, STRING CHEESE GOLDFISH

NOV 2017

**SOUTHGATE CAFETERIA MENU**

ALL SCHOOL FREE LUNCH AND  
BREAKFAST