



## Literacy Tip of the Month

Believe it or not *stamina* is something students need for reading!! Having stamina is having the ability to stick with something for long periods of time. It is important that while growing readers, parents and teachers also work to build stamina. Below you will find a few tips and tricks to help build your child's reading stamina at home!

1. Use the I-do, We-do, You-do method. This simply suggests parents mix up the way reading takes place in their homes. For example, at times the parent could read to the child, the parent and child could take turns reading to each other, or the child reads independently. A combination of the 3 styles can benefit reading stamina.
2. Choose or suggest appropriate books for your reader. Reading an appropriate lexiled book will not only help build stamina, but it will help build confidence. Parents if you need access to your child's lexile level reach out to their teacher-they can help!
3. Set realistic goals for your child. Reading time should be a positive time, so reading for an appropriate amount of time is important. The younger the child the fewer the minutes. Start with a few minutes and have the student work their way up! Just like a race, you can't be expected to finish if you didn't train. This strategy is the perfect way to build stamina.
4. Celebrate your child's success!!! If a child spent any time reading it deserves a high-five, pat on the back, hug or positive interaction! You could simply have a conversation with the child about a favorite part from the book or you could plan a visit to a local library.

No matter what strategy you pick to try you will be helping your child build their stamina. Again, literacy learning can be fun, convenient and create productive/positive family time! Enjoy!



# GO LIONS!!!!